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Title: Ovarian Ectopic Pregnancy: A Rare Case





INTRODUCTION

- Ovarian pregnancy is a rare form of ectopic pregnancy.
- Its incidence is 0.5% to 1% of all ectopic gestations, or 1 in 7000 to 40,000 live births.
- The diagnosis is intricate and based on surgical and histopathological observations.
- Traditional risk factors for ovarian ectopic pregnancy are similar to those for tubal pregnancy, but use of an IUD seems to be disproportionately associated.



CASE REPORT

A 22-year-old women, G2P1L1 previous FTND with Copper T insitu. Current pregnancy 6 + 6 weeks, unregistered and unimmunised. Complaints of pain abdomen since 10 days and PV bleed since 1 week soaking 4 pads/day.

On examination: pulse rate-114bpm, BP-120/70mmHg, per abdomen- not significant, prevaginal examination-uterus bulky, OS admits tip, bleeding seen,Right fornix fullness present, left flank free,

ON INVESTIGATIONS: USG ABDOMEN & PELVIS SHOWS- right adnexa shows well defined ,thick walled echogenic lesion 11mm with internal echoes, abutting right ovary, surrounded by heterogenous hematoma 5.5*4.1*5.1 cms(62cc) – suggestive of right adnexal ruptured tubal ectopic gestation. Blood routine examination: Hb- 9.2g/dl, rest normal **MANAGEMENT-Patient taken up for Emergency Exploratory laparotomy. Intraop findings**hemoperitoneum 50cc, right ovarian ruptured gestation sac approx. 3*3cms. Right and left fallopian tube normal. Left ovary normal. Partial right oophorectomy done removing the ruptured gestation sac. Ovarian reconstruction done. Specimen sent to histopathology. Copper T removal done. Histopathology reported as Ectopic Ovarian Pregnancy.

Post op Care: Patient tolerated well and discharged on post op day 4 after doing check dressing.

DISCUSSION

• RARITY AND DIAGNOSIS:

Primary ovarian pregnancy is extremely rare. Diagnosed using the Spigelberg criteria and confirmed via histopathology.

• CAUSES:

Causes are unclear. Theories include tube dysfunction, inflammation, ovum discharge interference, intrauterine control methods, and empty follicle syndrome.

SYMPTOMS AND MISDIAGNOSIS:

Symptoms resemble disrupted tubal pregnancy.

Often misdiagnosed as chocolate cyst, hemorrhagic corpus luteum, or tubal ectopic pregnancy.

PREGNANCY PROGRESSION:

Typically ruptures in the first trimester. Can occasionally reach full term.

ADVANCES IN DETECTION:

Ultrasonographic techniques, especially vaginal probes, allow pre-surgical identification.

SURGICAL DIAGNOSIS AND TREATMENT:

Final diagnosis is surgical and histopathological. Options include oophorectomy and wedge resection, considering patient factors.

MEDICAL TREATMENTS:

Aim to preserve ovarian tissue and fertility.Include mifepristone, injectable prostaglandin F2a, and methotrexate (MTX) for nonruptured cases identified via laparoscopy or transvaginal USG.

CONCLUSION

- Ovarian ectopic pregnancy is rare and challenging to diagnose.
- Early detection is possible with advanced ultrasonography.
- Conservative treatment can preserve fertility, especially in young patients.
- Histologic confirmation is essential, often confirmed during surgery.
- Avoid IUDs containing copper or levonorgestrel for those with a history of ectopic pregnancies.

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